



Nut Free Campus – effective August 1, 2016

Nanjing International School aims to provide a nut free environment. This includes all items for sale through Chartwells. Although we recognise that this cannot be guaranteed, these steps serve to set out measures to reduce the risk to those children who may suffer an anaphylactic reaction if exposed to nuts to which they are sensitive. We thank you for helping us maintain a safe environment.

Definition

Anaphylaxis, also known as anaphylactic shock, is an allergic condition that can be severe and potentially fatal. Anaphylaxis is the body's immune system reacting badly to a substance which it perceives as a threat. The whole body can be affected, usually within minutes of contact, though sometimes the reaction can happen hours later.

Health Plans and Emergency Response

We have individual health details on Veracross for children with allergies and other health-related situation. These are also posted in the Staff Room as well as relevant classrooms. In the case of anaphylactic shock, medication will be administered by the school nurse or other designate.

SCHOOL/STAFF RESPONSIBILITY

- NIS expects a completely Nut-Free campus.
- Information pertaining to a student's allergies will be shared with faculty and staff who have contact with the student, but otherwise will be kept as confidential as possible.
- NIS will provide anaphylaxis training opportunities for staff.
- NIS will keep relevant medication (eg. Epi-pens provided by parents) on campus and in field trip first aid kits for treatment of an anaphylactic response.
- NIS will strive to instruct staff and faculty to recognize symptoms of an allergic reaction and to respond appropriately as necessary.

PARENT/STUDENT RESPONSIBILITY

- Do NOT send any kinds of nuts to school. At all. Ever.
- Parents of students with serious allergies must provide the NIS nurse with emergency medications and a written medical treatment protocol for their child.
- Parents are responsible for educating their child about managing his/her allergy at school.
- NIS cannot guarantee that a student will never experience an allergy-related event while at school. NIS is committed to student safety, and therefore has committed to a nut-free environment to reduce the risk that children with allergies will have an allergy-related event.
- Make sure that you always check the labels on the food you are sending in to school.





What Nut-Free Means at NIS:

NO	YES
<ul style="list-style-type: none"> • outside food with nuts • peanut butter / nut butter • Nutella • granola bars, snacks, trail mix, candy, or treats with nuts • anything cooked in peanut oil • packaged foods with labels that read “may contain traces of tree nuts” 	<ul style="list-style-type: none"> • all kinds of sandwiches that don’t have nuts • soy butter, sun butter and non-nut butters • packaged foods with labels that do not have nuts listed in the ingredients • packaged foods with labels that read “produced in a facility where tree nuts may be present”

* In Chinese, look for these characters: 内含坚果(contains nuts)

Questions you may have:

1. Does the Nut Restriction include PTA events?

Yes.

2. Can my child bring nut products on field trips? What if no children who are allergic to nuts are attending the trip?

The same nut restrictions apply to all field trips, regardless of which students are on the trip.

3. What about birthday or other special event treats brought in by parents?

All food related treats brought from home or a store should have a clear ingredients label. This must be approved by the teacher.

4. What will happen if a student or parent forgets and brings in a nut product to school?

While we want to remain vigilant, we understand that this may happen on occasion. If a student brings a nut product to school, we will immediately bag the item with a reminder label that says, “NIS is a Nut Free School, Please Enjoy this Food Item at Home.” The item will be sent home with the child at dismissal and the parents will be contacted by telephone or email. If the item is a large part of a student’s lunch, he or she may purchase some nut-free food items in the cafeteria.

5. Does the Nut Restriction include events that are not hosted by NIS?

The Nut Free environment does not apply to events hosted by outside organisers, such as the NIC BBQ, the Pfrang Gala, etc. Therefore, nut products may be found at these types of events.

References:

- Bialik College, Melbourne*
- Bridges Middle School, Portland*
- Ravenswood Elementary School, Chicago*
- School21, UK*

